

The December Aikido Seminar 2016

JORMA LYLly, STEFAN STENUDD, JAN NEVELIUS

Malmö 2-4 December 2016

Friday 2 December

18.30-19.20 aikido
19.30-20.10 aikido
20.20-21.00 aikido

Saturday 3 December

11.00-12.15 bokken/jo
12.30-13.30 aikido
14.00-15.00 aikido
15.15-16.30 dan grading
19.00- dinner

Sunday 4 December

11.00-11.45 aikido
12.00-12.45 aikido
13.00-13.45 aikido

