

JORMA LYL, STEFAN STENUDD, JAN NEVELIUS

Malmö 4-6 December 2015

GAK Enighet, Fagerstagatan 1, Malmö, Sweden, 040-19 22 60, enighet.se, www.facebook.com/groups/enighet.aikido/, www.aikidoenighet.se. Fee: SEK 500, or SEK 300/day.



Friday 4 December

18.30-19.20 aikido

19.30-20.10 aikido

20.20-21.00 aikido

Saturday 5 December

11.00-12.00 bokken/fo

12.15-13.15 aikido

13.45-14.45 aikido

15.00-16.30 dan grading

19.00- dinner

Sunday 6 December

11.00-11.45 aikido

12.00-12.45 aikido

13.00-13.45 aikido

The December Aikido Seminar 2015