

The December Aikido Seminar 2026

JORMA LYL, STEFAN STENUDD, JAN NEVELIUS

Friday 4 December

18.30-19.20 aikido

19.30-20.10 aikido

20.20-21.00 aikido

Saturday 5 December

11.00-12.00 bokken/jo

12.30-13.30 aikido

13.45-14.45 aikido

15.00-16.15 dan grading

17.30-19.30 dinner

Sunday 6 December

11.00-11.45 aikido

11.55-12.40 aikido

12.50-13.35 aikido

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facebook.com/groups/enighet.aikido/
Fee: SEK 600, or SEK 300/day.

Annual event since 2002

