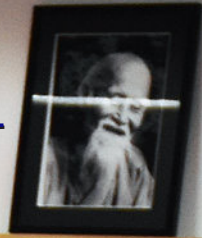


AIKIDO

Stefan Stenudd



Spring Seminar 2026



Friday 29 May

18.30-19.45 aikido
20.00-21.00 aikido
21.30- pizza

Saturday 30 May

11.00-12.00 bokken/jo
12.30-14.00 aikido
14.15-15.15 dan grading
16.00- dinner

Sunday 31 May

11.00-12.15 aikido
12.30-13.30 aikido
14.00- pizza

GAK Enighet, Fagerstagatan 1, Malmö, Sweden

+46 40 19 22 60, enighet.se, aikidoenighet.se,

facebook.com/groups/enighet.aikido/

Fee: SEK 300, or SEK 100/day.

